

MONDAY

WEEK 1

BREAK:

POPCORN CHICKEN
(WHEAT, MILK)
 BAGEL
(WHEAT, MILK)
 PANINI
(WHEAT, MILK)
 PIZZA
(WHEAT, MILK)

LUNCH:

LASAGNA, GARLIC BREAD WITH SIDE SALAD
(WHEAT, MILK)
 TOMATO & BASIL PASTA
(WHEAT, MILK)
 JACKET POTATO WITH VARIOUS FILLINGS
(EGG, MILK, FISH)

TUESDAY

BREAK:

HASH BROWNS
 SAUSAGE ROLLS
(WHEAT)
 BAGELS
(WHEAT & MILK)
 PANINI
(WHEAT & MILK)
 PIZZA
(WHEAT & MILK)

LUNCH:

CHICKEN SLICE WITH CHIPS AND PEAS OR BEANS
(WHEAT & MILK)
 JACKET POTATO WITH VARIOUS FILLINGS
(EGG, MILK, FISH)
 ARRABBIATA PASTA WITH GARLIC BREAD
(WHEAT, MILK)

WEDNESDAY

BREAK:

BREADED SPICY CHICKEN WRAPS
(WHEAT)
 PIZZA
(WHEAT & MILK)
 BAGEL
(WHEAT, MILK)
 PANINI
(WHEAT, MILK)

LUNCH:

CHICKEN KORMA WITH RICE AND A NAAN
(WHEAT, MILK, MUSTARD)
 JACKET POTATO WITH VARIOUS FILLINGS
(EGG, MILK, FISH)
 TOMATO AND BASIL PASTA WITH GARLIC BREAD
(WHEAT, MILK)

THURSDAY

BREAK:

SWEET CHILLI CHICKEN WRAP
(WHEAT)
 PANINI
(WHEAT & MILK)
 BAGEL
(WHEAT & MILK)
 PIZZA
(WHEAT & MILK)
 CHEESE TWIST
(WHEAT & MILK)

LUNCH:

CHICKEN BURRITO WITH SIDE SALAD
(WHEAT, MILK, MUSTARD)
 MAC & CHEESE WITH GARLIC BREAD
(WHEAT, MILK, MUSTARD)
 JACKET POTATO WITH VARIOUS FILLINGS
(EGG, FISH, MILK)

FRIDAY

BREAK:

CHICKEN BURGER IN A BUN
(WHEAT, CELERY)
 PANINI
(WHEAT & MILK)
 BAGEL
(WHEAT & MILK)
 PIZZA
(WHEAT & MILK)

LUNCH:

FISH, CHIPS, & BEANS
(FISH, WHEAT, MILK)
 PIZZA CHIPS & BEANS
(WHEAT & MILK)
 JACKET POTATO WITH VARIOUS FILLINGS
(EGG, MILK, FISH)

ALLERGEN STATEMENT

ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE GLUTEN AND OTHER ALLERGENS ARE PRESENT. ON OUR MENU ALLERGENS ARE LISTED BELOW EACH ITEM. DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS.

IF YOU HAVE A FOOD ALLERGY, PLEASE LET US KNOW BEFORE ORDERING.
 FULL ALLERGEN INFORMATION IS AVAILABLE ON REQUEST