

ALLERGEN STATEMENT

ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE GLUTEN AND OTHER ALLERGENS ARE PRESENT. ON OUR MENU ALLERGENS ARE LISTED BELOW EACH ITEM. DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS.

IF YOU HAVE A FOOD ALLERGY, PLEASE LET US KNOW BEFORE ORDERING.
FULL ALLERGEN INFORMATION IS AVAILABLE ON REQUEST



MONDAY

BREAK

HOT GRAB & GO
POPCORN CHICKEN
(WHEAT)
HALLOUMI WRAP WITH LETTUCE &
SWEET CHILLI SAUCE
(WHEAT)

PIZZA, PANINI & BAGELS
(MILK, WHEAT)

LUNCH

CHICKEN & BACON PASTA BAKE
(WHEAT, MILK)
BROCCOLI, CHERRY TOMATO PESTO
PASTA
(WHEAT, MILK)

JACKET POTATO & VARIOUS
FILLINGS
(MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI &
BAGELS
(WHEAT, MILK)

TUESDAY

BREAK

HOT GRAB & GO
CHICKEN BURRITO WRAP
(WHEAT)
VEGGIE BURGER IN A BUN
(WHEAT)

PIZZA, PANINI & BAGELS
(WHEAT, MILK)

LUNCH

CHILLI CON CARNE WITH RICE
QUORN MINCE CHILLI
(WHEAT & MILK)

NOODLES
(WHEAT)
JACKET POTATO WITH VARIOUS
FILLINGS
(MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI &
PASTA POTS

WEDNESDAY

BREAK

HOT GRAB & GO
CHEESE & BACON TURNOVER
(MILK, WHEAT)
CHEESE TWIST
(WHEAT, MILK)

PIZZA, PANINI & BAGELS
(WHEAT, MILK)

LUNCH

CHICKEN PIE, MASH, BROCCOLI,
CARROTS, PEAS & GRAVY
(WHEAT, MILK)
QUORN & LEEK PIE, MASH, BROCCOLI,
CARROTS, PEAS & GRAVY
(WHEAT, MILK)
JACKET POTATO WITH BEANS &
CHEESE
(WHEAT, MILK)

HOT GRAB & GO
SELECTION OF PIZZA & PANINI
(WHEAT, MILK)

THURSDAY

BREAK

HOT GRAB & GO
CHICKEN BURGER IN A BUN
(WHEAT)
QUORN FILLET IN A BUN
(WHEAT)

PIZZA, PANINI & BAGELS
(WHEAT, MILK)

LUNCH

SPAGHETTI BOLOGNESE WITH GARLIC
BREAD
(WHEAT)
SPAGHETTI BOLOGNESE WITH GARLIC
BREAD
(WHEAT)
JACKET POTATO WITH VARIOUS
FILLINGS
(MILK)
PIZZA & PANINI
(WHEAT, MILK)

HOT GRAB & GO
SELECTION OF PIZZA & PANINI
(WHEAT, MILK)

FRIDAY

BREAK

HOT GRAB & GO
SAUSAGE ROLL
(WHEAT)
VEGAN SAUSAGE ROLL
(WHEAT)

PIZZA, PANINI & BAGELS
(WHEAT, MILK)

LUNCH

MAC 'N' CHEESE WITH GARLIC
BREAD
(WHEAT, MILK)
NOODLES WITH SWEET & SOUR
SAUCE
(WHEAT)
JACKET POTATO WITH CHEESE &
BEANS
(MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT, MILK)