ALLERGEN STATEMENT
ALL OUR FOOD IS PREPARED IN A KITCHEN
WHERE GLUTEN AND OTHER ALLERGENS
ARE PRESENT AND OUR MENU
DESCRIPTIONS DO NOT INCLUDE ALL
INGREDIENTS.

IF YOU HAVE A FOOD ALLERGY, PLEASE LET US KNOW BEFORE ORDERING.
FULL ALLERGEN INFORMATION IS
AVAILABLE ON REQUEST



MONDAY

BREAK

HOT GRAB & GO
CHICKEN BURGER IN A BUN
QUORN CHICKEN FILLET IN A
BUN
FRENCH STICK PIZZA, PANINIS

LUNCH

QUICHE SALAD EGG & NEW
POTATOES
CHICKEN & VEGETABLES IN
BLACKBEAN SAUCE WITH
NOODLES
JACKET POTATO WITH VARIOUS
FILLINGS & FRESH SALAD
SELECTION OF PIZZA & PANINI
WITH VARIOUS FILLINGS

HOT GRAB & GO
SELECTION OF PIZZA, PANINI &
ORIENTL NOODLES
FRESH FRUIT, JELLY & YOGURT

TUESDAY

BREAK

HOT GRAB & GO CHICKEN TIKKA WRAP CHEESE & ONION PASTY

LUNCH

SPAGHETTI BOLLOGMAISE

WITH GARLIC BREAD

QUORN BOLOGNAISE WITH

GARLIC BREAD

PIZZA, PANINI WITH VARIOUS

FILLING, PASTA KING PASTA

POTS

HOT GRAB & GO SELECTION OF PIZZA, PANINI & ORIENTAL NOODLES FRESH FRUIT, JELLY & YOGURT

WEDNESDAY

BREAK

HOT GRAB & GO
BACON & CHEESE TURNOVER
CHEESE TWIST
PIZZA, PANINI & BAGEL WITH
VARIOUS FILLINGS

LUNCH

CHICKEN KORMA WITH RICE &
NAAN BREAD
VEGTABLE KORMA WITH RICE &
NAAN BREAD
BOLOGNAISE PASTA BAKE
SELECTION OF PIZZA & PANINI
WITH VARIOUS FILLINGS

HOT GRAB & GO
SELECTION OF PIZZA, PANINI &
ORIENTAL NOODLES

FRESH FRUIT, JELLY & YOGURT

THURSDAY

BREAK

HOT GRAB & GO
POPCORN CHICKEN
PIZZA PANINI & BAGELS WITH
VARIOUS FILLINGS

LUNCH

CHICKEN BURRITO (SPICY
CHICKERN WITH RICE)
CAULIFLOWER CHEESE
WEDGES
CRISPY BREAD ROLL
SELECTION OF PIZZA & PANINI
WITH VARIOUS FILLINGS

HOT GRAB & GO SELECTION OF PIZZA, PANINI & ORIENTAL NOODLES

FRESH FRUIT, JELLY & YOGURT

FRIDAY

BREAK

HOT GRAB & GO
CORNISH SAUSAGE ROLLL
VEGAN SAUSAGE ROLLS
SELECTION OF PIZZA, PANINI &
BAGELS WITH VARIOUS
FILLINGS

LUNCH

PASTA WITH TOMATO &
BASIL SAUCE, GARLIC BREAD
& SALAD
SELECTION OF PIZZA PANINI

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
& ORIFNTAL NOODLES

FRESH FRUIT, JELLY & YOGURT