ALLERGEN STATEMENT
ALL OUR FOOD IS PREPARED IN A KITCHEN
WHERE GLUTEN AND OTHER ALLERGENS
ARE PRESENT AND OUR MENU
DESCRIPTIONS DO NOT INCLUDE ALL
INGREDIENTS.

IF YOU HAVE A FOOD ALLERGY, PLEASE LET US KNOW BEFORE ORDERING.
FULL ALLERGEN INFORMATION IS
AVAILABLE ON REQUEST



MONDAY

BREAK

HOT GRAB & GO
POPCORN CHICKEN
QUORN CHICKEN NUGGETS
PIZZA, PANINI & BAGELS WITH
VARIOUS FILLINGS

LUNCH

BROCCOLI, CHERRY TOMATO
PESTO PASTA (NUT FREE)
MEATBALL PASTA BAKE WITH
GARLIC BREAD
CHICKEN & VEGETABLES CHOW
MAIN WITH NOODLES

HOT GRAB & GO
SELECTION OF PIZZA, PANINI &
BAGELS WITH VARIOUS
FILLINGS, CHEESE SCONE

FRESH FRUIT, JELLY & YOGURT

TUESDAY

BREAK

HOT GRAB & GO
SWEET CHILLI CHICKEN WRAP
MOZZARELLA STICKS WITH MAYO
& SALAD IN A WRAP
PIZZA, PANINI & BAGELS WITH

LUNCH

CHICKEN KATSU CURRY WITH RICE QUORN KATSU CURRY WITH RICE QUICHE SALAD AND COLSELAW

HOT GRAB & GO SELECTION OF PIZZA, PANINI & PASTA POTS

FRESH FRUIT, JELLY & YOGURT

WEDNESDAY

BRLAK
HOT GRAB & GO
SAUSAGE ROLL
VEGAN SAUSAGE ROLL
PIZZA, PANINI & BAGELS WITH
VARIOUS FILLINGS

LUNCH

BEEF CHILLI WITH RICE OR
POTATO WEDGES
QUORN MINCE CHILLI WITH
RICE OR POTATO WEDGES
JACKET POTATO WITH TUNA &
SWEETCORN OR CHILLI

HOT GRAB & GO
SELECTION OF PIZZA & PANINI
WITH VARIOUS FILLINGS

FRESH FRUIT, JELLY & YOGURT

THURSDAY

BREAK

HOT GRAB & GO

2 CHICKEN TENDERS IN A WRAP
WITH MAYO & SALAD
QUORN NUGGETS IN A WRAP WITH
MAYO & SALAD
FRENCH STICK PIZZA, PANINI WITH

LUNCH

FISH & OVEN CHIPS WITH
PEAS OR BEANS
PIZZA AND OVEN CHIPS
PASTA KING POTS, PIZZA &
PANINI WITH VARIOUS
FILLINGS

HOT GRAB & GO
SELECTION OF PIZZA &
PANINI
FRESH FRUIT, JELLY &
YOGURT

FRIDAY

BRFAK

HOT GRAB & GO
CHEESE & BACON TURNOVER
CHEESE & ONION PASTY
PIZZA, PANINI & BAGELS WITH
VARIOUS FILLINGS

LUNCH

LOADED WEDGES WITH MINCE BOLOGNAISE, CHEESE SAUCE & GARLIC BREAD VEGGIE BURGER IN A BUN PASTA CARBONARA

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
& ORIFNTAL NOODLES

FRESH FRUIT & YOGURT